

INTERNATIONAL WOMEN'S DAY

Celebrations from the forward  together community



Canadian Tire hosted a Speaker Series with Kara Wagland, anchor and reporter for SPORTSCENTRE. Kara shared an inside look into her career progression in the sports broadcasting industry.

Kara started as only one of three women working behind the scenes with TSN as a story editor. Today, Wagland hosts the prime 5 pm time slot on TSN.

Attendees gained valuable insight on staying motivated, overcoming challenges and taking care of oneself.



PepsiCo hosted a Speaker Series with Gabriella O'Rourke, Group Practice Manager, Borden Ladner Gervais LLP. Gabriella delivered an insightful presentation on her career path and on truths for achieving accelerated career growth. This was followed by a facilitated networking session featuring PepsiCo senior leaders.

Gabriella shared the top ten truths on accelerating career growth:

1. Stick Your Hand Up
2. Make Connections
3. Curate Ideas
4. Know Thyself
5. Be Curious About Others
6. Always Be Learning
7. Career Paths Are Not Linear
8. Bring Your Own Seat To The Table
9. Seize The Opportunity -Don't Wait To Be Asked
10. No Shortcuts -Work Your Butt Off!





Procter & Gamble hosted an International Women's Day event, attended by more than 150 employees. The agenda focused on celebrating women and driving action with the theme: "Awareness to Action: Enough about the WHY, let's talk about the HOW". The Keynote Speaker on the topic was Shelli Baltman, the co-Founder and President of The Idea Suite.

The celebration included food (catered by The Raging Spoon, an organization that supports marginalized women), game stations, prizes, raffle draws, and the presentation of the annual Woman of Distinction and Emerging Leader Award.

